

Bundarra

Central School News



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Issue 14

Week 8, Term 3, 2018

A small school with big hearts and bigger opportunities.



Year 11 on their Biology Excursion to Sydney



Up and Coming:

17 to 21/09 - Year 11 Construction Work Placement

17/09 - Primary Touch Football

18/09 - 7/8 All Schools Carnival Touch Football

19/09 - Primary Gymnastics - Armidale

21/09 - Primary Regional Athletics - Tamworth

26/09 - Girls Empowerment workshop - Inverell
- Primary Gymnastics - Armidale

27/09 - Year 12 Valedictory Assembly - Whole school

28/09 - Last day for Term 3

15/10 - First day for Students Term 4



All young people deserve opportunities and support to succeed in life.

Principal's Message

YOUR MIND IS A GARDEN. YOUR
THOUGHTS ARE THE SEEDS.
YOU CAN GROW FLOWERS OR YOU
CAN GROW WEEDS.



Spring has arrived and with it a new sense of energy has spread at Bundarra Central School. Our students are engaged in a wide range of teaching and learning activities supported by caring and dedicated teachers.

Last week our Year 11 and 12 Biology students attended a HSC Booster Day in Sydney. The students were engaged in high quality activities to further deepen their knowledge and theoretical understandings at the Sydney Botanical gardens and interacted with animals with the Zoomobile. The students had the opportunity to explore the Australian Museum and even do a spot of shopping at Paddy's Markets. Thank you to Mr Hunter and Ms Standfield for giving up your own time to ensure the students had this wonderful educational experience.

Yesterday was Are U OK Day? It is essential that we look after one another and our own mental wellbeing. The teaching staff have completed their comprehensive training in Youth Mental Health Aid to assist students experiencing a range of wellbeing issues. This term, every Friday the secondary students participate in Wellbeing Classes that promote positive strategies for our young people around their self-care. Mrs McWhirter is running a Butterfly program for the girls and Mr Vickery the Rock and Water Program. These programs are having a positive impact on our students.

**ASK
R U OK?™**
It can make a big difference

Recently I have been concerned about the language some students have been using at school. Unfortunately, some of the students use the language habitually as they hear it in other environments. Swearing and foul language is not acceptable and it is a poor way to communicate. Swearing is offensive

and our students are entitled to a safe and peaceful environment. If your child is swearing please remind them to be polite and to reflect the well educated person they are.



In week 10 Bundarra Central School will be hosting the Valedictory Assembly on Thursday for our Year 12 students. Congratulations to Bianca Nelson, Tory Vickery, Jarad Masterson, Geoffrey Sullivan and Kyle Orchard on the near completion of your secondary education. We are looking forward to celebrating your achievements.

Mrs Jennifer Cox
Principal

Secondary News



Dubbo Touch – State Finals (27th August -29th August)

The Bundarra Girls Touch Teams continue to impress everyone with a commendable record in all of their matches. Whilst we say farewell to both Tory Vickery and Bianca Nelson of Year 12, we are pleased to see the development of a younger generation of girls who are now being a part of the Touch football quad. I would like to thank Mr Henley and parents/ caregivers for their support on the trip.

Biology Excursion – Sydney (3rd September- 6th September)

Many thanks to Mr Hunter and Ms Standfield in supervising Year 11 and 12 Biology students in Sydney. Students visited the Royal Botanic Gardens and the Australian Museum where the topic of Biological Diversity became the focus of students. I would like to commend the Bundarra Central School SRC for their slave auction fundraiser which made the excursion possible.



Oorala Youth Leadership Camp University of New England - Junior Boys (29th – 31st August)

Tyrone Gordon (Year 8) attended the Oorala Youth Leadership camp at the University of New England which focussed on cultural knowledge, resilience, literacy and leadership skills. Bundarra Central School is committed towards enabling students to attend to these camps. The next camp is the junior girls camp later in the year – stay tuned.

Year 11 Examinations (Starting Monday 10th September)

The end of course examinations for Year 11 were held in this week (week 8) and it is vital that all students devote effort towards these exams. Year 11 students need to be aware that their HSC course commences day 1 next term!

Mr Richard Sowden
Head Teacher, Teaching & Learning

**KEEP
CALM
EXAMS WILL
BE OVER
SOON**

Secondary News

'People won't value your work if you don't place a value on it' Danielle Miller

This week Year 11 students undertook their Preliminary exit exams this week. I commend many of the Year 11 students on their efforts. The discussion about the seriousness of not attempting more than 50% of the HSC exam was discussed and the serious consequences this can have on the overall HSC certificate. Below is an extract from the NSW Education Standards Authority (NESA) site on the matter.

HSC examinations: non-serious attempts and non-attempts

Last Updated: 4 May 2018

HSC students who do not make a serious attempt at the examination may not receive an award in the course concerned. This may render some students ineligible for the award of the Higher School Certificate.

Non-serious attempts include frivolous or objectionable material.

Students who provide answers to examination questions in a language other than English (unless specifically instructed to do so) will have zero marks awarded.

Non-attempts include those where only multiple-choice questions are attempted.

Any student identified as making a non-serious attempt or a non-attempt will be asked by the NSW Education Standards Authority (NESA) to justify why they should receive a result in the course concerned. NESA will advise the student and the school Principal of its decision at the time of the release of Higher School Certificate results.

<https://ace.nesa.nsw.edu.au/ace-9025>

Year 11 will receive feedback on their exams over the next two weeks. They will then prepare themselves for commencing the HSC course. It is a requirement that students study a minimum 10 units (usually 5 subjects) in their HSC course compared to 12 units in the Preliminary course. Each Yr11 student will meet with Mr Sims and me in regards to their HSC subjects at the end of this term and early next term.

Year 12 have been spending time revising their work in preparation for their HSC exams next term. This week four of the students worked with their Dubbo Distance Education teachers. I congratulate the Hospitality and Metals and Engineering Students on the outstanding items produced this week. The Yr12 students have also been asked to write a letter to their 30yr old self, this forms part of their folder presented to them at their Valedictory Assembly. Organisation has also started for the Year 12 formal in November with the students discussing some ideas they have including the colour theme.

Girl Empowerment Workshops with Danielle Miller

There is still spots available for students to attend the Girl's empowerment workshop at Inverell on Friday 21st September. The workshops have been heavily subsidised by various groups around Inverell and has been arranged by the Inverell CWA and the Department of Education.

Dannielle Miller is a thought leader and expert in fostering resilience in teens.

Enlighten Education is Australia's leading provider of in-school workshops for teen girls on body image, self-esteem and empowerment. Enlighten was founded in 2003 and works with more than 20,000 girls each year across Australia, New Zealand, Singapore and Malaysia. Enlighten Education's programs help teenage girls decode the mixed messages they receive and help them develop self-esteem and confidence.

Enlighten encourages girls to reach their own conclusions and to know their own minds, rather than telling girls what to do, focus on informing, inspiring and empowering them. The workshop encourages girls to be discerning consumers and critical thinkers and to find their own voice and power in a complex world.

The cost of the workshop is \$10 per student. This cost includes a gift bag for each student. I encourage all of the Yr 7 to 10 girls to attend as it also connects with the work they have been doing in Pastoral Care classes.

Upcoming events for Secondary Students-

Girls Resilience Workshop- Friday 21st September

Year 12 Valedictory Assembly- Thursday 27th September

End of Term 3 – Friday 28th September

Formal – 27th November

Mrs Donna McWhirter

Head Teacher Secondary (REL)



Primary News

This week we have been recognising the importance of Legacy Week at school. Legacy Week is part of an annual national appeal to raise awareness and funds for the families of Australian Veterans. The SRC have been selling a range of merchandise to help support the Inverell Legacy group. Items will still be on sale next week if you would like to send a few dollars in with your child to make a purchase. A number of our primary students entered the Inverell Legacy competition and we are very proud to announce that out of the hundreds of entries Ellie Smith in Year 6 was the winner of her category in the competition. Ellie will be presented with a special award and gift voucher at an assembly early next term. Congratulations Ellie and well done to all the students who entered the competition it was a great way to raise awareness of this great cause. When you are out and about in Inverell you may spot some of the beautiful entries from our school.



It is Electricity Safety Week this week, this is a good time for parents to have a conversation about safety around electricity. There are five main messages for children to remember:

- 1-Never play on electrical equipment or trees near power lines
- 2-Stay at least 8 metres away from fallen power lines
- 3-Use electricity appliances safely and correctly
- 4-Keep away from overhead power lines
- 5-Keep electrical appliances away from water.



Essential Energy is running a poster competition grouped into three categories (K-2, 3-4, 5-6). The winning entry from each category will receive an \$1,000 donation for their school's P&C Association and every entrant to receive a gift! Visit: <https://www.essentialenergy.com.au/safety/poster-competition> for more information. The competition closes on the 28th of September.



For the last two Wednesday's of this term, all of Primary will be heading into Armidale to attend their two gymnastics days. All students are asked to wear their sports uniform with their joggers for these days. The bus will be leaving school at 9:00am and will return in time for the afternoon bell. Children will need to bring packed recess, lunch and water bottle on these days, especially now that the days are warming up. All of the students are very excited for this great experience. If you have not returned the permission note, please do so as soon as possible.



Primary News



Last Friday our students in Years 3-6 participated in a Digital Technology workshop with Mr Martin Levins from ACARA (Australian Curriculum, Assessment and Reporting Authority). The main focus for the workshop was for students to experiment with an online application called Scratch. Students learnt a lot of tips from Mr Levins and each other on how to add animation and audio into their clips. Scratch is a visual programming language and online community where students can create online projects and develop them into anything by using a simple block coding system. All students now have a secure username and password to gain access to the site securely. If



your child is looking for something to keep them entertained these holidays, there is always much more to learn from experimenting with the program.

The Primary girls touch team played their fourth round of the knock out competition in Glen Innes last Friday.

The girls won the game and have progressed into the next round. The girls have all been very busy training every lunch time and have been working on encouraging each other and some team tactics. They will be playing Warialda on Monday, 17th September at 12:30 at the Bundarra Sport & Rec. All families and friends are invited to attend the game.

All of our Year 6 students have now had their interviews regarding their transition into Year 7. If either of you have any more questions regarding next year please contact Mrs Johnson or Mr Henley. Next term there will be a transition day where the students will have a 'test run' of being a Year 7 student. Some students from Tingha will also be attending the day. A note will be sent home with more details shortly. Our Year 6 shirts have arrived and they look wonderful. Thank you to our Year 6 parents for being so prompt with the payment of these.

Enjoy the last two weeks

of Term 3 as the weather starts to get warmer.

Mrs Emma Johnson
Assistant Principal





BUNDARRA BEARS VIP TENT

SATURDAY SEPTEMBER 29TH 2018



*Entry into the Races + Race Book
Exclusive Entry into our VIP Marquee
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Cheese Platters
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Bundarra Bears Stubby Holder
Private DJ Throughout the Day*

TICKETS
\$50

*Tickets can be purchased
from the Bundarra
Commercial Hotel, or
message our Facebook page*

Variety POSTIE BIKE DASH

4th - 9th Nov 2018



Sunday 4th November 2018.

**Tamworth to Bundarra 155kms -
Bundarra to Glen Innes 136kms.**

Our starting point will be in the Fitzroy Street Mall just off Peel Street (the Main Street) and our breakfast will be prepared by St Nicholas Catholic Primary School. From our breakfast point we will head to our long time sponsor Tamex Transport for a group photo before we make our way to Bundarra for lunch with the P&C of the Bundarra Central School. From lunch we make our way to Glen Innes for our evening meal at the Club Hotel.

About Variety - The Children's Charity
Variety - the Children's Charity believes all Aussie kids deserve a fair go. We support kids who have a disability, chronic illness, or who are facing financial hardship or geographical isolation. We grant practical equipment, programs and experiences to help Aussie kids reach their full potential.
Variety.org.au

Primary Industries



In Primary Industries students have been flat out maintaining the Ag Plot. We have recently concreted a strainer post in and run the plain wires ready for the Hinge joint. We had several panels spare so we created an extra round yard and made some adjustments to the existing yard to give it a Feng Shui vibe.

The steers have been stubborn when it comes to leading, however young Jake "The Cattle Whisperer" Orchard has been having regular appointments with them in the round yard. After some hesitation each lesson the steers gradually begin to waltz around the yard thanks to the never die attitude of the students.

As of 12/09/2018

Turbo - 440kg 1.14kg/Day

Tiger - 385kg 0.83kg/Day

Good for Kids good for life

RAINBOW CRUNCH&SIP®

Feeling like you're stuck in a rut when choosing what to pack for Crunch&Sip®? Why not pack a rainbow? You could pack a different colour for each day of the week.

Red: Red capsicum sticks, cherry tomatoes, strawberries, red grapes.

Orange/Yellow: Carrot sticks, yellow capsicum sticks, oranges, mandarins, pineapple.

Green: Cucumber sticks, celery sticks, snow peas, green beans, kiwi fruit.

Purple/Blue: Red cabbage in salads, plums, blueberries.

Brown/White: Mushrooms, cauliflower rice, banana.



PHONE 4924 6499

Good for Kids good for life

MASTERING THE OVER-ARM THROW

Over arm throwing is one of many Fundamental Movement Skills which requires practice. Fundamental Movement Skills are taught at school but you can help teach your child these important skills at home.

To master the over arm throw:

1. Focus eyes on target area throughout the throw.
2. Stand side-on to target.
3. Throwing arm moves in a downward and backward arc.
4. Step toward target area with foot opposite to throwing arm.
5. Hips, then shoulders rotate forward.
6. Throwing arm follows through, down and across body.



PHONE 4924 6499

Lost:

Red MP3 Player

If you discover your child has this, please return to the school so it can be returned to its owner.

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OR

Collect a cash envelope from the school office

All orders must be received by:

28 / 09 / 18



Junior League Tag
Junior Netball
Junior North West Representatives
Senior North West Representatives
Peer Leaders
Dance Group
SRC Executive
SRC
Year 7/8 (funny)

The Aboriginal Culture Centre and Keeping Place (ACCKP) is once again running a Holiday Program for primary school Children from Monday 8th October to Friday 12th October. The program will run from 9.00am to 12 noon. This program is open to all children of primary school age. The theme for the October Holiday Program is **"Prepare for Christmas"**. Children will have the opportunity to learn and carry out activities surrounding this theme.

The cost for the morning tea, supervision, materials and activities will be covered by the ACCKP. This holiday program is being funded by the Department of Education. Please pick up and complete a registration form from the ACCKP by the 1st October 2018 to ensure your child/children's place is confirmed.



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