



Bundarra Central School News

Responsibility - Involvement - Success - Excellence

7-11 Bowline Street, Bundarra NSW 2359, Phone: 02 6723 7102 , Fax: 02 6723 7387
Website: www.bundarra-c.schools.nsw.edu.au/ Email: bundarra-c.school@det.nsw.edu.au

Issue 7, 4th August 2023



Up & Coming:

Wednesday 9th

- K-12 Assembly
- Pop Up cafe

Friday 11th

- Pre-School Transition
- Primary Zone Athletics
- Pop Up cafe

Monday 14th

- Education Week & Book Week
- HNEH 2nd Immunisation Year 7

Tuesday 15th

- Education Week & Book Week

Wednesday 16th

- Education Week & Book Week
- Pop Up cafe

Thursday 17th

- Education Week & Book Week

Friday 18th

- Pre-School Transition
- Education Week & Book Week- Dress up
- Pop Up cafe

Wednesday 23rd

- Ag Quip Excursion
- Pop Up cafe

Friday 25th

- Pre-School Transition
- Pop Up cafe



A small school with big hearts and bigger opportunities

Principal's Message

NAPLAN STUDENT REPORTS

Individual Student Reports (NAPLAN) for students in Years 3, 5, 7 and 9 were posted home last Wednesday. These reports can be a valuable resource in supporting their educational growth.

From 2023, NAPLAN results are reported against proficiency standards with 4 levels of achievement to give teachers, parents and carers clearer information on how students are performing. The proficiency standards are set to a challenging but reasonable level expected for students at the time of NAPLAN testing. What NAPLAN assesses has not changed.

The NAPLAN proficiency standards include 4 proficiency levels for each assessment area at each year level:

- Exceeding: the student's result exceeds expectations at the time of testing.
- Strong: the student's result meets challenging but reasonable expectations at the time of testing.
- Developing: the student's result indicates that they are working towards expectations at the time of testing.
- Needs additional support: the student's result indicates that they are not achieving the learning outcomes expected at the time of testing. They are likely to need additional support to progress satisfactorily.

Each of the standards represent increasingly challenging skills and understandings as students move through the years of schooling. The NAPLAN Individual Student Reports can be an invaluable resource for parents to support their child's educational journey.

To make the most of the information provided, parents can;

Celebrate Achievements: Acknowledge your child's strengths and successes in the assessed subjects.

This can generate enthusiasm, build their confidence and increase motivation.

Identify Areas for Growth: Pay close attention to the sections that highlight areas for improvement.

Parents can work with their child's teacher to develop strategies to address these challenges effectively.

Maintain a Positive Outlook/Keep Perspective: While NAPLAN is a valuable tool, it is essential to remember that it is only one way we gather information about our students' progress and it is only one aspect of your child's education. Focusing on their overall growth and development is equally important as we all have areas of strength!

Reach Out to Teachers: If you have any questions or concerns about the NAPLAN results or the Individual Student Reports, don't hesitate to reach out to your child's teachers. They will be able to provide further insights and suggestions to support your child's learning.

CELEBRATING 175 YEARS OF PUBLIC EDUCATION IN NSW

With the celebration of Education week 175 years of education Bundarra Central School was able to acknowledge the achievements of our students, staff and community members. Congratulations to Shanae Gleeson, Carolyn Standfield and Chris Strahle from Clerkness Pastoral Company for receiving the awards for Bundarra Central School.

Bundarra Central will continue to celebrate Education Week over the Term including the Book Fair running all of Week 5 with a students dress up on Friday, 18th August. The theme is *Read Grow Inspire*.

This year's theme is 175 years of public education in NSW and focuses on learning from our past, celebrating our achievements and embracing the future with confidence.

This year marks 175 years since the establishment of public schools in NSW. Founded in 1848, the Board of National Education was formed and tasked with establishing a public education system in NSW. Prior to 1848, schools operated under a denominational system and were the responsibility of churches.

Theme - 175 years of public education in NSW

Learning from our past

We reflect and learn from policies and practices of the past 175 years.

We engage in truth-telling to have honest conversations about the past.

Celebrating our achievements

We celebrate our achievements throughout the NSW public education system.

We celebrate the significant contribution public education has made to society over the past 175 years.

We celebrate the work of teachers and support staff in developing and shaping the next generation.

We celebrate all types of learning that occurs at all levels across our education system.

We celebrate our shared responsibility in helping to shape the lives and futures of today's learners

Mr Justin Stewart
Relieving Principal

Secondary News

Stage 6 are entering the examination period. Year 12 trial examinations begin in Week 5 and end in Week 6. Year 12 students are only required to attend when they have scheduled examinations. Year 11 Preliminary examinations begin in Week 8 and end in Week 9. The NESA HSC examinations are scheduled for the first half of Term 4. Visual Arts major works are due on the 28th of August. If any of these events are missed due to illness or misadventure a doctor's certificate or other documentation will be required, please contact the school if needed.

Completing work placement for Primary Industries and Hospitality students in Years 11 and 12 is a mandatory NESA component for students to complete. Please let Mr Taylor know if timing or transport or anything else is making a barrier to your student's success.

The Valedictory Assembly for Year 12 will be held on Wednesday Week 10. All parents and citizens are invited to attend this milestone for our Year 12 students. More information about this year's formal event will be available in the next newsletter, stay tuned.

Trial Examination Timetable Week 5 & 6 Term 3

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Start 8.50am			English P1	English P2, English Adv P2	Visual Art, Biology
Start 1.10pm					
Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Start 8.50am	Ancient History Food Technology	CAFS, IT MM, SBAT HOS & HS	Mathematics S2		
		Catch ups	Catch ups		

NESA HSC Examination Schedule

<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/key-dates-exam-timetables/hsc-written-exam-timetable>

Careers education

Interested secondary students have chosen to attend the Invest in Yourself workshop delivered by the Educational Pathways Project. Years 9 and 10 are invited to propose a work experience placement they wish to attend and some students have already contacted the careers advisor, let the school know if your student would like a work experience position. Motorcycle training has been confirmed and available to VET Primary Industries students and a participation note has been sent home for approval.

Cultural Education

NAIDOC week was celebrated by every student and teacher in Week 1. A variety of art and design workshops were attended by students from K to 12. The Aboriginal Education Team identified and connected with a newly developed On-Country cultural experience program at Nyambinga Kyuna. From the Welcome to Country and smoking ceremony, students keenly participated in a variety of activities and discussions.

Mr Shaun Taylor Relieving Deputy Principal



What a great Athletics Carnival!



Teachers were very proud of the involvement from K – 6 students who participated in the Athletics Carnival last week. We hope that some students will be able to participate and represent the school at the Zone Athletics Carnival on 11 August 2023.

Welcome to KINDERGARTEN

Bundarra Central School would like to welcome Pre school students to transition sessions this term. We look forward to having them participate in school activities as they familiarise themselves with big school life.



Bundarra Central School Book Fair will be 14 August – 18 August 2023.

Students will have the opportunity to visit the book fair and compile wish lists with teachers to share with you at home should you wish to purchase books for your children. Your purchases provide points for the school to access books for the Library and a way of encouraging students to continue reading.

Reading is very important whether students read individually or whether you read to your children. The vocabulary learnt enables students to read a wider range of books at school and to use those words in their own writing.



The book week theme is **Read Grow Inspire**.

We would like students to dress up with this theme in mind. Maybe they have read a book that has inspired them to grow up and carry out the career that the character portrayed.

What would you like to do in the future?

Has a book encouraged you?

Has an author encouraged your future career?

Think about why this is so!

Vicki Light
Assistant Principal

Year 5

Students have been creating their own earth art in the playground.







Bundarra Central School

Bowline Street

BUNDARRA NSW 2359

Phone 026723 7102

Fax 02 6723 7387

Email Address bundarra-c.school@det.nsw.edu.au



The NSW Department of Education has a new Students' Use of Mobile Phones in Schools policy which comes into effect in Bundarra Central School at the beginning of Term 4. Our new Student Mobile Phone Management Plan will impact the way students will use and access their mobile phones during school hours.

This policy is being implemented to increase focus in classrooms, remove distractions and promote positive social interactions in the playground.

Throughout Term 3, we will be consulting with the school community, including staff and students, to build our school's policy and take on board feedback from the P&C. We will be holding an information night for parents and carers to attend both face-to-face and online.

We are excited to make our school a mobile phone-free space to improve learning and engagement, however, we will always make sure you can contact your child in an emergency. There will also be further information posted on the school website and via letters to parents and caregivers.

If you have any questions, please do not hesitate to contact the school directly on 02 6723 7102

iSTEM @ Bundarra

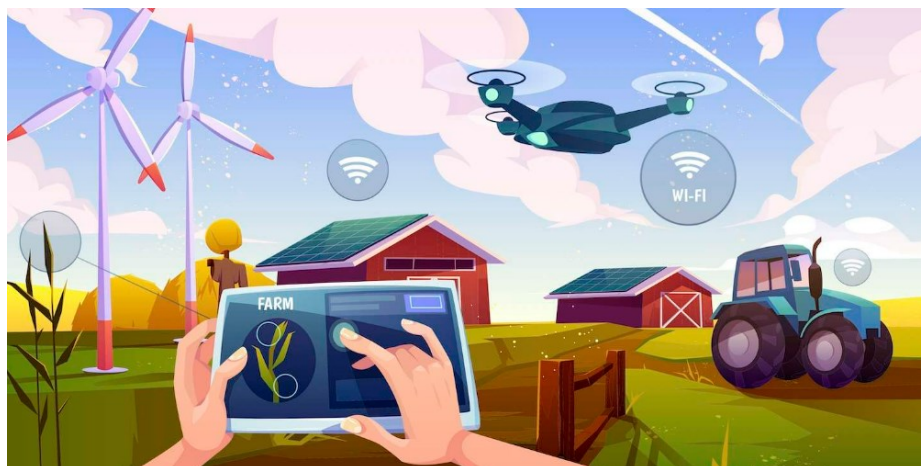
An opportunity for students from Years 7 to 10 to participate in a project learning class focussed on STEM for 3 or 4 periods each week. Agricultural automation or robotics, smart apps, drone operation, self-driving cars or an idea for something completely new. Students will work with a teacher mentor to plan and complete the project.

Would you like to add to your learning opportunities? Do you have the capacity to find and solve problems? Can explain how STEM project learning is a pathway for you?

How to apply

Create a short presentation that expresses your interest in a project idea and why you're a great candidate. This might be written, a podcast or perhaps a video clip. See Mr Taylor to find out how the project works and more information is available at

<https://education.nsw.gov.au/teaching-and-learning/curriculum/departments-approved-courses/istem>





Screen free sleep

Did you know that the amount of time your child spends in front of screens can affect how quickly they fall asleep and the duration of their sleep?

It's crucial for your child to have sufficient, high-quality sleep to support their learning, play, and concentration, especially at school.

To minimize the impact of screen time on sleep:

- Avoid using digital screens within an hour before bedtime.
- Encourage your child to engage in activities like reading, drawing, or quiet play.
- Encourage your child to replace screentime with outdoor physical activity or play.



Source: Screen time and digital technology use: how it affects child and teenage sleep (raisingchildren.net.au)



Developed by Hunter New England LHD

HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.



What is a serve of fruit and veg?

Fruits and vegetables are a great source of vital nutrients that support the health of your child's growing body.

It is important to eat a variety of different coloured vegetables and fruit everyday, but do you know how much your child should be eating?

How many vegetables?	How much fruit?
4-8 years = 4 ½ serves	4-8 years = 1 ½ serves
9-18 years = 5 serves	9-18 years = 2 serves

1 serve of vegetables is:



½ cup cooked vegetables



1 cup leafy or raw salad vegetables



½ medium potato

1 serve of fruit is:



1 medium piece e.g. apple, orange, banana or pear



1 cup diced or canned fruit (in natural juice)



2 small pieces e.g. apricots, plums or kiwi fruits

Source: The five food groups (eatforhealth.gov.au)



HNELHD-GoodForKids@health.nsw.gov.au
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Unlock the benefits: Kids & daily activity

Regular physical activity is important for your child to stay fit and healthy.

Encouraging children to be active from a young age sets good habits and helps them to develop the skills they need to stay active throughout life.

Children should aim to be active for **at least 60 minutes** everyday! Physical activity can include any movement that makes them 'huff and puff'.

Engaging in regular physical activity enables children to:

- Stay active on a daily basis
- Foster healthy development and growth
- Build and enhance skills, balance and flexibility
- Strengthen bones, muscles and posture
- Reduce stress and boost confidence
- Have fun with friends



Source: Get active each day (www.healthykids.nsw.gov.au)

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Choose water as a drink!

Drinking water is the best way to quench thirst!

Encourage your child to choose water as a drink by:

- Packing a water bottle in the school bag everyday. In summer, try packing a frozen water bottle in the lunchbox
- Encouraging your child to drink water rather than sports drinks when playing sport
- Serving plain water in a jug. Try adding ice-cubes and fresh fruit pieces such as lemon, orange, blueberries or strawberries for flavour
- Using a re-usable drink bottle that your child has chosen



Source: Choose water as a drink (www.healthykids.nsw.gov.au)

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P&C NEWS

Wood Raffle Results

Winners: Bonnie West & Steph Young

Money Raised: \$918.00

Thank you to the Kemp family and Jayden & Brian Groth for donating the loads of wood.

Thank you to the families that purchased and sold the tickets, because of your support P&C have been able to donate \$1,000 back to the school to be used to subsidise future excursions.

This year further donations of \$1500 in total has been donated to the 3 excursions :

Cattle Club - Wingham Beef Week excursion

Years 5/6 - Lake Keepit end of year excursion

Under 16's & Open Girls Touch football team – Dubbo State Finals

Without your continued support future donations will not be possible. 2023 P&C consists of a small group of parents, we are always looking for new members to help out. If you are interested in becoming a member, feel free to attend a meeting, contact the school front office or President Lindsay Groth on 0411141154.

Upcoming events/fundraisers

Father's Day Stall

Lost Property

Two very new hoodie jumpers are missing.
Both jumpers are named one with Stanley
and one with Kasseddy.

Could parents/carers please check
children's hoodies for these names and return
to school
as soon as possible.

Thank you for your assistance.
Mrs Light

Ag Quip Excursion

Wednesday 23 August 2023

Ag Quip is a large agricultural field day held at Gunnedah.
Ag Quip will showcase and demonstrate a vast range of
new

products and services, highlighting new technology and
innovation. Animals, plants, farming and machinery on
display all of which ties in very well with Agriculture units
being studied during Term 3 at BCS.

Mrs Light is looking forward to taking students on this
excursion.

Upper Primary and Secondary students wanting to attend
the Ag Quip excursion will need to return their note and
money as soon as possible to book their seat on the bus.



BUNDARRA CENTRAL SCHOOL NEWSLETTER

BUNDARRA SPORT & RECREATION CLUB LTD

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Email: bundysportrec.1@bigpond.com

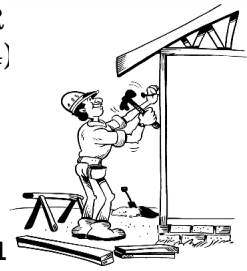
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COUNTRY WOMEN'S ASSOCIATION

COURT STREET, BUNDARRA

PRESIDENT - 6723 7181
SECRETARY - 0412279109
TREASURER - 67233 476

MEETINGS 2ND WEDNESDAY OF THE MONTH AT 1PM
ALL WELCOME



Commercial Hotel Bendemeer St, Bundarra

Proprietor: Ruth Deaves
Phone 6723 7106 - Fax 6723 7162

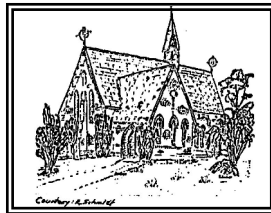
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PH: 6723 7410

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Bookings essential ring.... Helen 67237154

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Advertising
available here.

Please contact
the school for
more information.

0267237102

BUNDARRA LIONS CLUB

Meet every 2nd & 4th Thursday of the month at 7.30pm.

New members always welcome.
Bundarra Lions Club supporting
the local community
Enquiries: Gary Richey 67237256



Community College

NORTHERN INLAND

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BUNDARRA CENTRAL SCHOOL NEWSLETTER



11-13 Bendemeer Street, Bundarra, NSW 2359
Phone: 026723 7100
Fax: 02672307000
Mobile: 0408017068
Email: bundarra@mcgregorgourlay.com.au

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Please contact the school for more information.

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